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# nature's wonderland
# NORTH NORWAY

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POLARPAM

**BY CAR**

| Oslo— | | | Stockholm— | | | Helsinki— | | |
|---|---|---|---|---|---|---|---|---|
| Trondheim | 346 | miles | Mosjøen | 692 | miles | Mo | 649 | miles |
| Mo | 634 | » | Mo | 695 | » | Tromsø | 972 | » |
| Bodø | 786 | » | Bodø | 847 | » | Hammerfest | 1018 | » |
| Narvik | 874 | » | Narvik | 949 | » | Nordkapp | 989 | » |
| Tromsø | 1024 | » | Tromsø | 1076 | » | Kirkenes | 1017 | » |
| Hammerfest | 1270 | » | Nordkapp | 1204 | » | | | |
| Nordkapp | 1320 | » | Hammerfest | 1224 | » | | | |

**BY BUS**

| Fauske— | | |
|---|---|---|
| Bodø | 2 | hours |
| Narvik | 8 | » |
| Tromsø | 16 | » |
| Hammerfest | 29 | » |
| Nordkapp | 32 | » |
| Kirkenes | 40 | » |

**BY TRAIN**

| Oslo— | | |
|---|---|---|
| Trondheim | 11 | hours |
| Mosjøen | 17 | » |
| Mo | 19 | » |
| Fauske | 32 | » |
| Narvik— | | |
| Stockholm | 25 | » |
| Oslo | 33 | » |

**BY BOAT**

| Bergen— | | |
|---|---|---|
| Trondheim | 32 | hours |
| Bodø | 63 | » |
| Svolvær | 71 | » |
| Harstad | 81 | » |
| Tromsø | 89 | » |
| Hammerfest | 101 | » |
| Nordkapp | 107 | » |
| Vardø | 122 | » |
| Kirkenes | 126 | » |

| Mosjøen— | | |
|---|---|---|
| Bodø | 12 | hours |
| Narvik | 13 | » |
| Tromsø | 48 | » |
| Hammerfest | 67 | » |
| Nordkapp | 73 | » |
| Honningsvåg | 78 | » |

**BY PLANE**

| Oslo— | | |
|---|---|---|
| Trondheim | 1½ | hours |
| Bodø | 3¼ | » |
| Bardufoss | 4¾ | » |
| Tromsø— | | |
| Alta | 1¼ | » |
| Hammerfest | 2 | » |
| Kirkenes | 4½ | » |
| Vadsø | 5 | » |

# TRAVELLING IN NORTH NORWAY

*Combined trips.* One way by boat, returning by bus, train, car, or plane, — is the ideal way to visit North Norway, and as the map shows there is a very wide range of combinations. The coastal districts are served daily by excellent passenger ships operating in both directions. Trains run night and day to Fauske and through Sweden to Narvik. The North Norway Bus continues the journey north, operating daily through the rest of North Norway as far as Kirkenes. There is a year-round air service (twice daily in summer) to Bodø and Bardufoss, and a seaplane service from there on to the towns of Finnmark. By making use of one of these combinations, it is possible to enjoy coastal as well as inland scenery, and to ensure that your North Norway trip will be an unforgettable experience.

*Coastal voyages and cruises.* The coastal voyage from Bergen to Kirkenes and back, on board the *Coastal Express Steamer*, is world famous. It takes twelve days, and includes a host of on-shore excursions. An alternative is the *North Cape Route* from Mosjøen and Bodø to North Cape. Regular cruises (8 to 11 days) from Bergen to North Cape are operated by the Bergen Steamship Company's *Meteor*. Between Tromsø and Kirkenes accommodation on board the coastal express steamer is comparatively easy to book and between Bodø and Mosjøen on the North Cape route. Superb two- to three-day excursions, on board local steamers, can also be undertaken from Bodø and Narvik to the Lofotens, Vesterålen and the surrounding fjords and coastal areas. Every fourteen days the *Lyngen* sails from Tromsø to Spitsbergen carrying mail and passengers. At Longyearbyen this service corresponds with the *Havella* which runs polar-bear-hunting trips to Nordaustlandet.

*Combined land-and-sea voyages.* In a class by itself is the *North Cape Tour* from Narvik, operating weekly by bus to North Cape, and returning by coastal express steamer, or vice versa. These tours are arranged by the *North Norway Bus Company, Narvik*, and are on sale at travel bureaus in most countries. Bus and motorcoach tours in North Norway are to a large extent also handled by Finnish and Swedish travel bureaus. Tours combining train, boat, and bus are usually handled by Norwegian bureaus, and also sold by agents abroad. Popular and cheap Nordland tours by train from Oslo, Copenhagen, and Stockholm are included in the cheap series *Round Trips in Scandinavia.*

*Combined air-sea trips.* The Scandinavian Airlines System has organised an eight-day combined *Air and Sea Cruise* to North Norway (Oslo to Bardufoss/Tromsø by plane, Tromsø—Kirkenes—Bodø by boat and plane back to Oslo). SAS also operates its celebrated *Midnight Sun flights*, starting at Oslo in the evening, reaching Bodø at midnight, and returning by the next morning.

*Motor tourists.* Motor tourists from all over the world regularly visit North Norway. On Norwegian roads about 160 miles a day is a good average: in other words, if you want to get the most out of your trip, you should reckon to take 8 to 10 days on the stretch Oslo—North Cape. Petrol stations en route are plentiful. Returning on board the coastal express steamer or on the North Cape Route (with your car on board) is a *very* worthwhile alternative to driving both ways.

*Hotels, guesthouses, etc.* The map shows where to spend the night in North Norway. As a rule town hotels are large and modern, while the smaller guesthouses are to be found along the main roads. In towns such as Bodø, Narvik, Tromsø, and Hammerfest, hotel accommodation should be booked in advance. There is a generous sprinkling of youth hostels, the majority located in schools and private houses. At the moment there are not very many camping sites, but you will find unlimited facilities for pitching your tent along your way.

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*The Lapplanders still wear their colourful costumes.*

**Along the coast of Nordland.** Here countless vivid impressions vie with one another. Visit a land of green islands, of jagged mountain peaks, of peaceful fishing villages, of sheltered sounds and creeks, where your ship will thread its way, through crystal water, over a sandy bottom. At all times the charm of Nordland, and of the formidable Lofotens, has caught the imagination, and its bizarre, grotesque, fantastic scenery is described in myth and legend. Natural phenomena such as Torghatten, the Seven Sisters, Lovunden, Træna, the Horseman Island, the Rødøy Lion, and Landego, many of them at one time believed to have been fabled figures turned to stone, are part of the adventure which awaits you in this wonderland.

**The Coast of Finnmark.** Between glacial islands the ship steams past beetling cliffs, where countless millions of seabirds nest, darkening the sky like a cloud of white as the approaching ship flushes them from their nests. We round North Cape, with its characteristic "horn" and sail past majestic headlands to the lonely fishing villages of the Arctic. This coast is stern and bleak, rising perpendicularly from the sea, over which the Midnight Sun shines uninterruptedly day and night.

**In the Land of the Lapps.** The coast is only one side of North Norway. Inland new adventures wait. National Highway 50, the so-called North Cape Road, runs like a ribbon through this wonderland, from Kirkenes to the border of County Nordland, in fact all the way to Oslo in the south. It runs past the River Tana, teeming with salmon, where a trip by river boat can be made to the Lapland town of Karasjok; it billows across the seemingly endless tundra of Finnmark, skirting the heads of steep fjords. Driving through Lapland, we encounter the mountain Lapps encamped along the road, all keen to trade their excellent leather and bone articles. For the hiker there is no more invigorating holiday than to walk from mountain chalet to mountain chalet across the tundra. The fly-fisherman will find, in remote lakes, superb sport, and *Angling in Norway* is both indispensable and a mine of information.

**Mountains, fjords, and waterfalls.** The journey along the North Cape Road through Troms County is full of scenic marvels. Here is a selection: Kvænangen, with its views of Øksfjordjøkulen, the only glacier in Europe which "calves" straight into the sea; Lyngen, surrounded by fascinating peaks, annually visited by climbers from far and near; Ulsfjord, comparable with the Lyngenfjord in its majestic grandeur, and only a short distance from Lyngseidet; Balsfjord, the last of the big fjords in Troms, surrounded by graceful peaks, is one of the most beautiful in North Norway. If you ever want to "discover" the county of Troms, make a number of detours from the North Cape Road. A few hours by river boat from your journey's-end in the Reisadal, the Mollisfoss Falls tumble down over 800 foot. From the head of the Lyngenfjord the strange Signaldal Valley cuts into the heart of the country, between perfectly shaped "pyramid" mountains. The journey up the Bardudal to Lake Altevatn runs past one waterfall after another. At Målselv, at the foot of the magnificent Istind Range, side roads run to Bardufoss and Målselvfoss waterfalls.

*The telecabin, Narvik's great attraction.*

*The Coastal Express Steamer at Bodø.*

*The Nordland Railway, modern and comfortable in every way.*

*The Torghatten Island, with its celebrated hole.*

**The Troms Fairway.** Sea, sky, and towering mountains seem to blend in the Raft Sound, in the intense arctic light, as we move into the county of Troms. As fjords open up, the eye catches a glimpse of snow-covered mountains far inland, but a little way beyond, between Senja and the mainland, there is an astonishing wealth of green lush vegetation. Your ship will nose its way past little spits of land, softly green with birch foliage, will battle against the mighty Rystraum Eddy, and plough its furrow across the fjord-mouths with vistas beyond of mighty mountain ranges, Balsfjord, Ulsfjord, and the serried rank of the Lyngenfjord Alps. As we move north towards Finnmark the coast seems to open up to the ocean beyond.

# LAND OF SUNLIT NIGHTS

***From early in May to the end of August there is daylight right round the clock in North Norway. In this tremendous symphony of light and colour day and night blend imperceptibly.***

**The Realm of Hamsun.** The country south of Narvik has been depicted in the works of Nobel Prizewinner Hamsun. It is a land of fjord, ocean, and mountain, bleak and majestic, but also a land of smiling valleys. Further south unforgettable sights are the Junkerdal valley, the aloof grandeur of the Okstind peaks, and enchanting Lake Røsvatn. All these can be reached on detours from the North Cape Road.

**Noteworthy towns and villages.** Most of the towns of North Norway are typical tourist centres with excellent hotels. At villages such as Brønnøysund and Sandnessjøen there are local attractions such as Torghatten/Vega, and the Seven Sisters/Alstahaug. The aluminium town of *Mosjøen* is excellent as a base for excursions to the Okstind mountains and Lake Røsvatn, while the ironworks town of *Mo* is set in the heart of a magnificent tourist area. *Bodø* is well known for its Midnight Sun panorama and excursions to the celebrated Salstraum Eddy; picturesque *Svolvær* is the "capital" of the Lofotens; the iron-ore town of *Narvik*, magnificently situated, has a fine telecabin. Pride of *Harstad* is the old stone church at Trondenes; *Tromsø*, town of trappers and polar explorers, stands on a green island, in a setting of splendid mountains; *Hammerfest*, perched at the foot of Mount Salen's steep cliffs, is the world's northernmost town, while *Honningsvåg* has a road leading all the way to North Cape. *Vardø* is Norway's largest fishing centre; *Vadsø* is surrounded by excellent trout and salmon rivers; and the mining town of *Kirkenes* enjoys views across the Iron Curtain to Soviet Russia. Of other tourist centres in North Norway mention should be made of Lønsdal on Mount Saltfjell, Røst with its amazing colonies of birds, Gratangen and Bjørnfjell near Narvik, Sortland in Vesterålen and Rundhaug in Målselv. For the angler a special mention goes to such eldorados in Finnmark as Alta, Skaidi, Lakselv, and Ifjord, not to mention the Lapland towns of Kautokeino and Karasjok.

*Grand Hotel, Harstad.*

*The North Cape Road crossing Mount Saltfjell.*

*The Raft Sound between the Lofotens and Vesterålen.*

*Trondenes Church, relic of the Middle Ages.*

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# NORTH NORWAY

NORSKE HAV

HAMMERFEST

Nordkapp
North Cape

Bispen

Nordkyn

Gamvik

Mehamn

Berlevåg

Kjøllefjord

Kongsfjord

Båtsfjord

Persfjord

VARDØ

Syltefjordstauren

Tanafjord

Laksefjord

Varangerfjord

Grense Jacobselv

Magerøy

Finnkjerka

Sværholtklubben

Honningsvåg

Hjelmsøystauren

Havøysund

Lebesby

VADSØ

Rustefjelbma

Ifjord

Varangerbotn

Skipagurra

KIRKENES

Polmak

Neiden

Strma

Roavvegiedde

Utsjoki

Skogfoss

Kvalöy

Stallogargo

Russenes

Adamsfjord fos

Kvalsund

Skaid

Börselv

MARK

Porsanger fjord

Tana

Söröy

Seiland

Stjernöy

Öksfjord

Öksfjordjökel 1166m.

FINN-

Lakselv

Gaggagaissa 837 m

Altafj.

Skoganvarre

Alta

Nattvatn

Nord-Fuglöy

Kvænangen

Arnöy

Skjærvöy

Burfjord

Gargia

Karasjok

Karigasniemi

Ulsfjord

Lyngen

Suolovuobme

Altaelv

Ivalo, Rovaniemi

Nordreisa

Jægervasstind 1690m

Masi

Jægervatn

Olderdalen

Biggeluobbal

S. Kvalöy

Tromsøsalpa 1238 m.

Bilto

Mollis

TROMSØ

Lyngseidet

Kjosen

Skibotn

Jægervatn 1845

Ajjek 1263 m.

Reisaelv

Kautokeino

Kvænmenes

Helligskogen

1320m. Otertind

Kilpisjärvi

Sørreisa

Storsteinnes

Nordkjosbotn

Trerikskøys

Finnsnes

Olsborg

Rundhaug

Overgård

Andenes

Bardufoss

Målselvfoss

Bleik

Andöy

Bjarköy

Bardu

Istind 1490

TROMS

Sjövegan

Spansdal

Altevatn

Risöyhamn

HARSTAD

Gratangen

Reka 687 m.

Lilleng

Øvjord

Langöy

Sortland

Strandnesvik

Steinland

Björnfjell

Abisko

Sandnes

Grindjord

NARVIK

Stokmarknes

Skjervik

Hadselöy

Lödingen

Ballangen

Elvegård

Austvågöy

Forså

Sörskjomen

Bognes

Skarberget

Stetind 1312 m

LOFOTEN

SVOLVÆR

Kabelvåg

Ulvsvåg

Vestvågöy

Lyngvær

Gravdal

Stamsund

Skutvik

Innhavet

Napp

Ballstad

Hellemobotn

Kråkmo

Reine

Bonnåsjöen

Moskenesstraumen

Nordfolda

Rösvik

Værøy

Sulitjelma 1914 m.

Landego

Finneid

Sulitjelma

Röst

BODØ

Saltstraumen

Rognan

1180m.

Børvasstindan

Gildeskål

JUNKERDAL

NORDLAND

Graddis

Örnes

Lönsdal

POLARSIRKEL
ARCTIC CIRCLE

Glomfjord

Svartisen

Rødöylöven 440

Svartisdalen

Dunderland

Hestmannen

Tornio, Helsinki

Stockholm

SVERIGE
SWEDEN

FINLAND

RUSSLAND

— Hotel
— Guesthouse
— Camping Site
— Youth Hostel